ADOLESCENT CHAMPION MODEL
Frequently Asked Questions

Affirm®

What is the Adolescent Champion Model (ACM)?

ACM is an 18-month, evidence-based program that helps health centers create youth-friendly, confidential, and accessible environments for adolescent patients. It includes training, quality improvement projects, and tailored support to improve adolescent-centered care.

Who should participate in the ACM?

Each health center forms a Champion Team, which must include at least:
- One provider
- One health center or practice manager
- Additional staff—such as nurses, medical assistants, mental health providers, and front desk staff—are encouraged to participate.

What are the key benefits of participating in the ACM?

- Improved adolescent patient engagement & satisfaction
- Increased well-visits, depression screenings, and risk assessments
- Hands-on training for providers & staff
- CME, MOC Part IV, and QI project credit opportunities
- Recognition as a certified Adolescent-Centered Environment

What happens when we complete the ACM?

Clinics that complete the ACM can receive certification as an Adolescent-Centered Environment.

How much time does the ACM require from our staff?

ACM is designed to be integrated into existing workflows. The commitment includes:
- Facilitating data collection
- Attending two full-day Summits
- Completing three e-learning modules
- Leading six Spark Trainings
- Participating in brief check-in calls

How long does the ACM last?

ACM is an 18-month program divided into three phases:
- **Pre-Implementation** (3 months) – Baseline data collection & self-assessment
- **Implementation** (12 months) – Training, practice changes, and mid-year Summit
- **Post-Implementation** (3 months) – Data collection & final certification assessment

What support does Affirm provide to clinics participating in the ACM?

Affirm's ACM Support Team offers:
- Guidance on policy improvements and best practices
- Technical assistance for training and implementation
- Ongoing check-ins to troubleshoot challenges
- Data collection support for quality improvement efforts

How can my health center join the next ACM cohort?

Contact us at **ACM@affirmaz.org** or visit **healthyazyouth.org** to learn more and apply.

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ARIZONA DEPARTMENT OF HEALTH SERVICES

Arizona Alliance for ADOLESCENT HEALTH