Affirm®

Adolescence is a critical time for establishing lifelong health habits. It's a time when young people begin making their own healthcare decisions—choices that will shape their well-being for years to come.

At Affirm, we know that healthcare providers play a key role in helping young people build lifelong healthy habits. That's why we partner with the Adolescent Health Initiative at University of Michigan Medicine to bring the Adolescent Champion Model (ACM) to Arizona.

The ACM is a structured, evidence-based program that removes barriers and transforms adolescent care. The ACM helps clinics evaluate, enhance, and sustain best practices, creating environments where adolescents feel respected, supported, and empowered.

> **100% of health centers that completed the Adolescent Champion Model improved their adolescent health care services.**

OUTCOMES
Improvements in
- Well Visits
- Depression Screening
- Chlamydia Screening
- Immunization Completion
- Risk Screening
- Client satisfaction

OPPORTUNITIES
- Participating in hands-on training in adolescent care
- Collaborating through interdisciplinary team-building
- Improving clinic policies and workflow
- Creating a more welcoming health center
- Strengthening provider-adolescent relationships
- Earning CME, MOC Part IV, and QI project credit
- Achieving certification as an Adolescent-Centered Environment

INTERESTED IN IMPROVING ADOLESCENT CARE IN YOUR PRACTICE?

Contact ACM@affirmaz.org or visit healthyazyouth.org

ARIZONA DEPARTMENT OF HEALTH SERVICES

Arizona Alliance for **ADOLESCENT HEALTH**

ADOLESCENT CHAMPION MODEL
PROGRAM COMPONENTS

Affirm®

Pre-Implementation Period (3 Months)

Baseline Data Collection
Youth and staff surveys, along with HEDIS measures, help identify areas for improvement in adolescent care. ACE-AP Self-Assessment helps identify priority areas for customized plan to enhance policies and practices.

Implementation Period (12 Months)

Summits
Two full-day in-person training sessions to build community of practice and equip Champion Teams with knowledge and skills improve adolescent care.

Core Content Modules
Three interactive, self-directed learning modules on youth-friendly care, adolescent brain development, confidentiality, and cultural responsiveness.

Sparks Modules
Six short, engaging staff trainings designed to create conversations and small changes in clinic workflows.

Check-in Calls
Two one-on-one coaching sessions with ACM support team for status check, guidance, and troubleshooting.

Post-Implementation Period (3 Months)

Year-End Data Collection
Surveys and HEDIS measures quantify impact of the ACM on environment, policies, practices, and culture. ACE-AP Self-Assessment guides continuous improvement.

Adolescent-Centered Certification
Health centers that complete the model are eligible for certification.

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