**Finding the Right Sized Bike for a Child**

Bikes that are too large or too small can be difficult to control and maneuver.

Unlike adult sizing where the bike frame determines the size needed, the wheels on kids’ bikes set the proportions.

|  |  |  |  |
| --- | --- | --- | --- |
| **BIKE** | **CHILD’S HEIGHT** | **CHILD’S AGE** | **BIKE WHEEL SIZE** |
|   | 2’5”-3’2” | 2 – 4 years | 12” Bikes |
|   | 3’2”-4’0” | 5-6 years | 16” Bikes |
|   | 4’0”-5’0” | 7+ years | 20” Bikes |
|   | 4’6”- 5’5” | 10+ years | 24” Bikes |
|   | 5’5” + | 12+ years | 26” Bikes |

To account for small growth spurts, some bikes enable you to raise the seat and the handlebar stem for minor customizations in size. If adjustments don’t solve problems with comfort and function, then it’s time to move up to the next size level.

Contact: John Boyd, 602-933-3346, jboyd1@phoenixchildrens.com